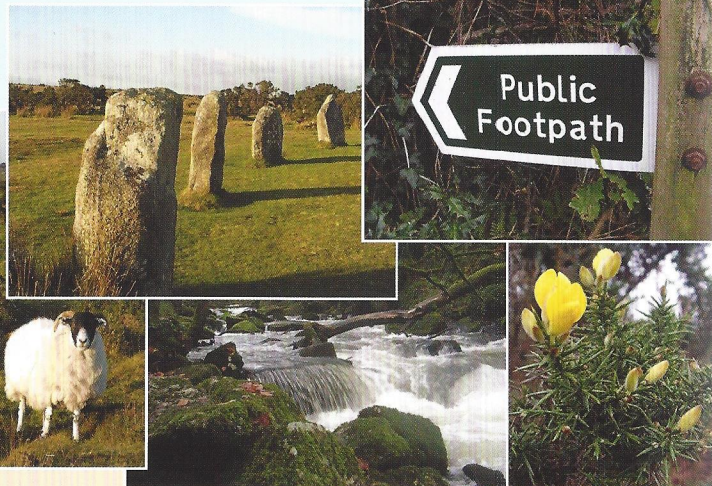


The Caradon Trail

Enjoy the traditional Cornish lanes and hedgerows, the abundance of wildlife and the sweeping views across moorland and river valleys, while retracing the rich heritage of this area from Neolithic megaliths to 19th century industrial mining landscapes.

The signed on-road trail is approx. 17 miles comprising a smaller loop around Liskeard of 5 to 6 miles with a short connection to St Cleer for the larger loop around Caradon approx. 10 to 11 miles which crosses part of the Cornish mining World Heritage Site. Cyclists will need to be reasonably experienced with riding in country lanes and also as S. E. Cornwall has several deep river valleys, parts of the route have challenging climbs and descents. There are generally good underfoot conditions for walkers, and the trail can be divided into various stages.

Download the free Apps for more information and use the OS Explorer Map 109 for detailed road and footpath networks.



Places of Interest

on and around the trail include;

Liskeard Museum and Stuart House, remains of the old Liskeard and Caradon railway with its canal and rail links from Moorswater to Looe, St. Cleer Church and Holy Well, Trethevy Quoit, Long Tom standing stone, mining engine houses and the Minions Heritage Centre, the Hurlers stone circles, Daniel Gumbs cave and the Cheesewring. King Donierts stone, Golitha Falls and nature reserve, Sibilyback lake and further afield to Dozmary Pool, Jamaica Inn, St Neot, Kit Hill and the Tamar Valley trails as well as Looe to the South.

Caradon Hill Area Heritage Project

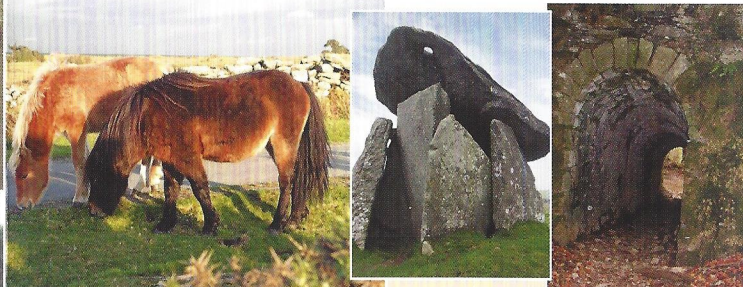
The Caradon Hill Area Heritage Project (which developed the trail) was jointly funded by the Heritage Lottery Fund, Cornwall Council, DEFRA, and local partners including local town and parish councils. It delivered a wide range of projects covering all aspects of the communities encircling Caradon Hill, for example saving historical structures, protecting endangered species, running adult education courses, working with local schools and colleges, local and natural history groups, landowners, and farmers, all with the aim of ensuring that the unique natural and historical environment of the area is appreciated and understood by all who live in, work or visit the area.



This project is supported by the Rural Development Programme for England, for which Defra is the Managing Authority, part financed by the European Agricultural Fund for Rural Development: Europe investing in rural areas.



& Local Partner Funded



Useful Information

Liskeard Information Centre • Telephone: 01579 349148
Foresters Hall • Pike Street • Liskeard • PL14 3JE
email: tourism@liskeard.gov.uk
website: www.liskeard.gov.uk/town-information-centre.aspx
Opening Hours: Mon-Fri 10.30 to 4.00 and Sat 10.30 to 1.30

www.facebook.com/LiskeardTIC @LiskeardTIC

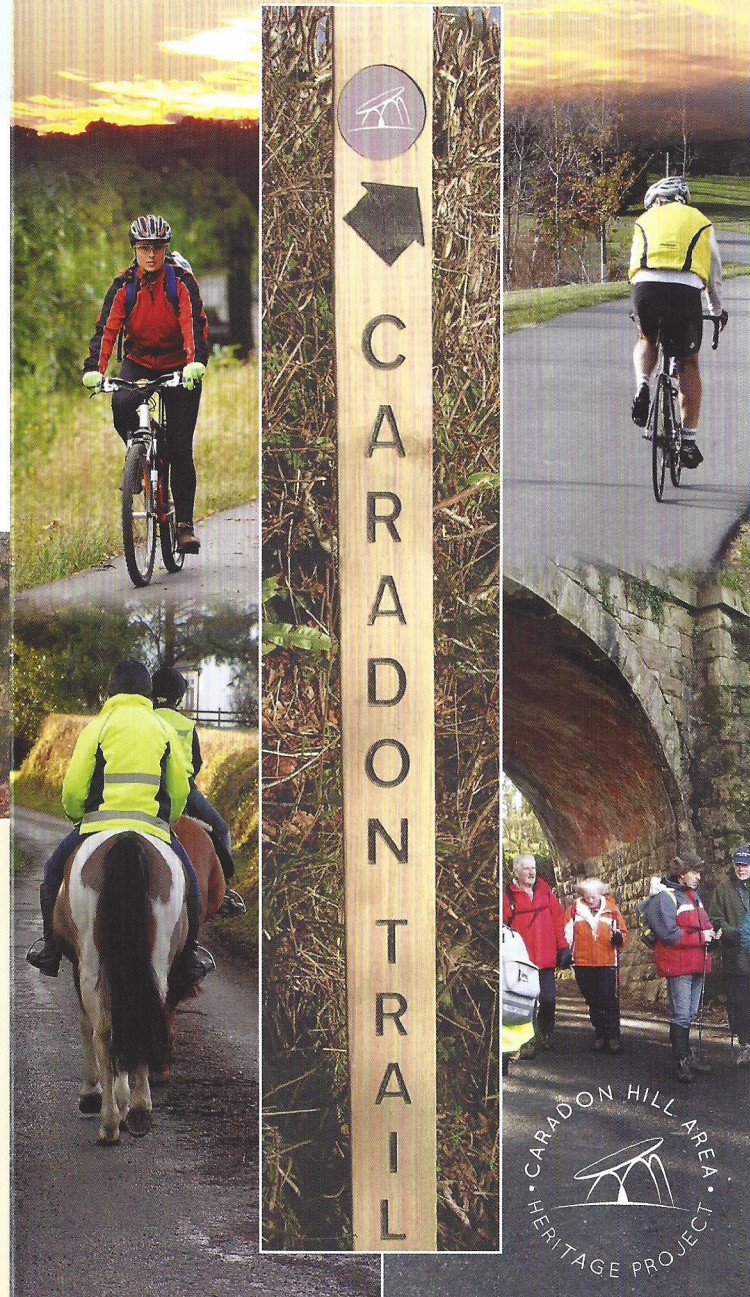
You can get maps here (OS Explorer 109 Bodmin Moor) and information on bus services, bike hire, horse riding and accommodation. Also more walking and cycle routes eg. Tamar Valley Trails, Looe Valley Line and The Cornish Way.

Public transport website: www.travelinesw.com



The Caradon Trail

explore on foot, horseback or bike



www.caradonhill.org.uk

The Caradon Trail

stunning scenery and rich heritage to enjoy on foot, by bike or horseback!



Visit the website for FREE GPS powered Apple and Android OS APPS which explain more about: The Hurlers, Minions, Golitha Falls, Liskeard, Moorswater and The Caradon Trail!



All information is given in good faith and is for guidance only.



Remember...

- Be aware of traffic on country lanes and show consideration to all other trail users.
- Keep to rights of way and leave gates as you find them.
- Respect wildlife and grazing animals.
- Keep dogs under control.
- Protect plants and trees. Take your litter home.
- Be prepared for all weather conditions.

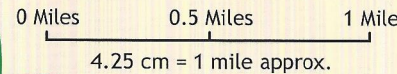
Be Aware

- Busy Road
- Steep Slope
- Livestock on Road
- Restricted Visibility

Key

- Caradon Trail
- Minor Road
- Footpath
- Place of Interest
- Toilets
- Food and Drink
- Picnic Spot
- Railway Station
- Dismantled Railway

Scale



- 1** Minions Heritage Centre
- 2** Phoenix Mines
- 3** Cheesewring
- 4** The Hurlers
- 5** Longstone Cross - Long Tom
- 6** Caradon Mines and Gonamena Incline
- 7** Trethey Quoit
- 8** St Cleer Church and Well
- 9** King Doniert's Stone